## Milligan

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Ellis overcame a strange mishap to finish second with a time of 26:38 in a strong NCAA D-II field at the Lenoir-Rhyne Invitational. Halfway through the race, Ellis had a commanding lead, but took a wrong turn and went off course. After back tracking to get back on course, Ellis worked his way through the field to pass everyone except the eventual winner.

The three-time defending AAC Runner of the year, Giffen had an outstanding run in her season opener to help Milligan captured the team title in the strong field of NCAA D-II teams in the Lenoir-Rhyne Invitational. Giffen covered the sluggish 5K in 19:16, and finished second to two-time NCAA D-II All-American Kate Greiswich.

Giffen was 34 seconds ahead of third place when she crossed the line.

"Gillian is one of those athletes that just knows how to get after it from the gun to the tape, and I think Austin had one of the most incredible comebacks I've seen in my 11 years of coaching at Milligan," coach Chris Layne said.

## Hampton

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