

## **Milligan hosts live broadcast of Ashley Judd event**

Milligan College will host a live broadcast of Frontier Health Foundation's inaugural gala featuring actress Ashley Judd, who will speak about her struggle with depression and journey to recovery. Milligan will broadcast the event live via Periscope on Friday, Nov. 4, at 2 p.m. in the college's McGlothlin-Street Theatre located in the Gregory Center. The event is free and open to the public. Follow on Twitter, @FoundationatFH, #stigmastopsnow2016, #stigmastopsatMC.

The gala, "Stigma Stops Now," will be held at the Millennium Center in Johnson City.

Judd, a Golden Globe and Emmy-nominated actress, has traveled around the world visiting grassroots programs on varying issues that focus on poverty alleviation, mental health, maternal health, child survival, human rights, family planning and social justice.

"Not only is she an extraordinary and celebrated actress, Ashley Judd is a tremendous voice for mental health awareness and ending social stigma," said Joy McCray, Frontier Health Foundation Director.

A live Stigma Stops Now pre-Gala presentation will be held at East Tennessee State University for students and community members.

The Frontier Health Foundation serves to help promote sustainability of the highest quality mental health, addiction and intellectual disabilities services for individuals in our region.

The Frontier Health Foundation is a nonprofit corporation that exists to help promote sustainability of the highest quality mental health, addiction and intellectual disabilities services for individuals in our region. Established in 1957, Frontier Health is a 501 (c)(3) not-for-profit organization serving more than 50,000 individuals each year by providing behavioral health, mental health, substance abuse, co-occurring, intellectual and developmental disabilities, recovery and vocational rehabilitation services.

The Foundation is organized exclusively for charitable, educational and scientific purposes.

If you're interested in sponsoring this event, please call the Frontier Health Foundation at 423.467.3742. Purchase your tickets for the Gala at [StigmaStopsNow.com](http://StigmaStopsNow.com).

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MILLIGAN COLLEGE is a Christian liberal arts college in Northeast Tennessee whose vision is to change lives and shape culture through a commitment to servant leadership. The college offers more than 100 majors, minors, pre-professional degrees and concentrations in a variety of fields, along with graduate and adult degree completion programs. To learn more about Milligan College, visit [www.milligan.edu](http://www.milligan.edu) or call 800-262-8337.